

2025-2026/5786



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Associate Principal	Mrs. Shira Heller
Dean of Students	Mrs. Bailey Braun
Asst Principal for Co-Curricular Life	Rabbi Zev Prince
Asst Principal for Judaic Studies	Mrs. Danielle Hertzberg
Ninth Grade Dean	Mrs. Nina Bieler
Director of Admissions and Marketing	Mrs. P'nina Seplowitz
Director of Development and Engagement	Dr. Rachel Shtern
Director of Communications	Mrs. Deena Katz
Executive Director	Ms. Debbie Grad

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SEPTEMBER 2025

ELUL/TISHREI 5785/5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 8 ELUL LABOR DAY NO SESSIONS	2 9 ELUL FIRST DAY OF SCHOOL 3:00 DISMISSAL	3 10 ELUL	4 11 ELUL	5 12 ELUL 7:03	6 13 ELUL PARSHAT KI TEITZEI
7 14 ELUL ACT	8 15 ELUL	9 16 ELUL	10 17 ELUL	11 18 ELUL	12 19 ELUL 6:51	13 20 ELUL LEIL SELICHOT PARSHAT KI TAVO
14 21 ELUL SAT	15 22 ELUL	16 23 ELUL	17 24 ELUL	18 25 ELUL	19 26 ELUL 6:39	20 27 ELUL PARSHAT NITZAVIM
21 28 ELUL	22 29 ELUL EREV ROSH HASHANA NO SESSIONS 6:34	23 1 TISHREI ROSH HASHANA NO SESSIONS 7:32	24 2 TISHREI ROSH HASHANA NO SESSIONS	25 3 TISHREI TZOM GEDALIA 1:00 DISMISSAL	26 4 TISHREI 6:27	27 5 TISHREI SHABBAT SHUVA PARSHAT VAYEILECH
28 6 TISHREI	29 7 TISHREI	30 8 TISHREI				



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OCTOBER 2025

TISHREI/CHESHVAN 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9 TISHREI EREV YOM KIPPUR NO SESSIONS 6:19	2 10 TISHREI YOM KIPPUR NO SESSIONS	3 11 TISHREI YOM KIPPUR/SUKKOT BREAK NO SESSIONS 6:16	4 12 TISHREI PARSHAT HAAZINU
5 13 TISHREI SAT	6 14 TISHREI EREV SUKKOT NO SESSIONS 6:11	7 15 TISHREI SUKKOT NO SESSIONS 7:08	8 16 TISHREI SUKKOT NO SESSIONS	9 17 TISHREI CHOL HAMOED NO SESSIONS	10 18 TISHREI CHOL HAMOED NO SESSIONS 6:04	11 19 TISHREI CHOL HAMOED
12 20 TISHREI CHOL HAMOED	13 21 TISHREI HOSHANA RABA NO SESSIONS 6:00	14 22 TISHREI SHMINI ATZERET NO SESSIONS 6:57	15 23 TISHREI SIMCHAT TORAH NO SESSIONS	16 24 TISHREI SESSIONS RESUME 9:30 START TIME	17 25 TISHREI 5:54	18 26 TISHREI PARSHAT BERESHIT
19 27 TISHREI ACT	20 28 TISHREI	21 29 TISHREI	22 30 TISHREI ROSH CHODESH CHESHVAN	23 1 CHESHVAN ROSH CHODESH CHESHVAN	24 2 CHESHVAN 5:43	25 3 CHESHVAN PARSHAT NOACH
26 4 CHESHVAN	27 5 CHESHVAN	28 6 CHESHVAN	29 7 CHESHVAN	30 8 CHESHVAN	31 9 CHESHVAN 5:34	

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NOVEMBER 2025

CHESHVAN/KISLEV 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10 CHESHVAN PARSHAT LECH-LECHA
2 11 CHESHVAN DAYLIGHT SAVINGS TIME ENDS	3 12 CHESHVAN	4 13 CHESHVAN ELECTION DAY	5 14 CHESHVAN	6 15 CHESHVAN	7 16 CHESHVAN NO SESSIONS FOR STUDENTS 4:26	8 17 CHESHVAN OPEN HOUSE FOR 8TH GRADERS PARSHAT VAYERA
9 18 CHESHVAN SAT	10 19 CHESHVAN	11 20 CHESHVAN VETERANS' DAY	12 21 CHESHVAN	13 22 CHESHVAN	14 23 CHESHVAN 4:20	15 24 CHESHVAN PARSHAT CHAYEI SARA
16 25 CHESHVAN FAMILY CONFERENCES	17 26 CHESHVAN	18 27 CHESHVAN	19 28 CHESHVAN	20 29 CHESHVAN	21 1 KISLEV ROSH CHODESH KISLEV 4:15	22 2 KISLEV PARSHAT TOLDOT
23 3 KISLEV	24 4 KISLEV	25 5 KISLEV	26 6 KISLEV THANKSGIVING EVE 1:00 DISMISSAL	27 7 KISLEV THANKSGIVING BREAK NO SESSIONS	28 8 KISLEV THANKSGIVING BREAK NO SESSIONS 4:11	29 9 KISLEV PARSHAT VAYETZEI
30 10 KISLEV						

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	1 11 KISLEV	2 12 KISLEV	3 13 KISLEV	4 14 KISLEV	5 15 KISLEV SCHOOLWIDE SHABBATON 4:10	6 16 KISLEV SCHOOLWIDE SHABBATON PARSHAT VAYISHLACH
7 17 KISLEV SAT	8 18 KISLEV	9 19 KISLEV	10 20 KISLEV	11 21 KISLEV	12 22 KISLEV 4:10	13 23 KISLEV PARSHAT VAYESHEV
14 24 KISLEV ACT CHANUKAH FIRST NIGHT	15 25 KISLEV CHANUKAH 4:20 DISMISSAL	16 26 KISLEV CHANUKAH 4:20 DISMISSAL	17 27 KISLEV CHANUKAH 4:20 DISMISSAL	18 28 KISLEV CHANUKAH 4:20 DISMISSAL	19 29 KISLEV CHANUKAH BREAK NO SESSIONS 4:12	20 30 KISLEV ROSH CHODESH TEVET CHANUKAH PARSHAT MIKETZ
21 1 TEVET ROSH CHODESH TEVET CHANUKAH	22 2 TEVET CHANUKAH BREAK NO SESSIONS	23 3 TEVET	24 4 TEVET	25 5 TEVET	26 6 TEVET 4:16	27 7 TEVET PARSHAT VAYIGASH
28 8 TEVET	29 9 TEVET	30 10 TEVET ASARA B'TEVET 1:00 PM DISMISSAL	31 11 TEVET	 1650 Palisade Avenue, Teaneck, NJ 07666		



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JANUARY 2026

TEVET/SH'VAT 5786

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 <p>מעִיִּנוֹת A'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>				1 12 TEVET NEW YEAR'S DAY NO SESSIONS	2 13 TEVET 4:21	3 14 TEVET PARSHAT VAYECHI
4 15 TEVET	5 16 TEVET	6 17 TEVET	7 18 TEVET	8 19 TEVET LAST DAY OF SESSIONS	9 20 TEVET STUDY DAY 4:28	10 21 TEVET PARSHAT SHEMOT
11 22 TEVET	12 23 TEVET MIDTERM EXAMS 11:00 AM DISMISSAL	13 24 TEVET MIDTERM EXAMS 11:00 AM DISMISSAL	14 25 TEVET MIDTERM EXAMS 11:00 AM DISMISSAL	15 26 TEVET WINTER BREAK NO SESSIONS	16 27 TEVET WINTER BREAK NO SESSIONS 4:36	17 28 TEVET WINTER BREAK PARSHAT VAERA
18 29 TEVET WINTER BREAK	19 1 SH'VAT ROSH CHODESH SH'VAT MLK DAY WINTER BREAK NO SESSIONS	20 2 SH'VAT WINTER BREAK NO SESSIONS	21 3 SH'VAT WINTER BREAK NO SESSIONS	22 4 SH'VAT WINTER BREAK NO SESSIONS	23 5 SH'VAT WINTER BREAK NO SESSIONS 4:44	24 6 SH'VAT PARSHAT BO
25 7 SH'VAT	26 8 SH'VAT SESSIONS RESUME	27 9 SH'VAT	28 10 SH'VAT	29 11 SH'VAT	30 12 SH'VAT 4:52	31 13 SH'VAT SHABBAT SHIRAH PARSHAT BESHALACH



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FEBRUARY 2026

SH'VAT/ADAR 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
114 SH'VAT	215 SH'VAT TU B'SH'VAT	316 SH'VAT	417 SH'VAT	518 SH'VAT	619 SH'VAT 5:01	720 SH'VAT PARSHAT YITRO
821 SH'VAT	922 SH'VAT 29TH ANNUAL SCHOLARSHIP DINNER	1023 SH'VAT	1124 SH'VAT	1225 SH'VAT	1326 SH'VAT NO SESSIONS 5:10	1427 SH'VAT PARSHAT SHEKALIM PARSHAT MISHPATIM
1528 SH'VAT ACT	1629 SH'VAT PRESIDENT'S DAY NO SESSIONS	1730 SH'VAT ROSH CHODESH ADAR	181 ADAR ROSH CHODESH ADAR	192 ADAR	203 ADAR 5:18	214 ADAR PARSHAT TERUMAH
225 ADAR	236 ADAR	247 ADAR	258 ADAR	269 ADAR	2710 ADAR 5:26	2811 ADAR PARSHAT ZACHOR PARSHAT TETZAVEH
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MARCH 2026

ADAR / NISAN 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 12 ADAR	2 13 ADAR TA'ANIT ESTHER 1:00 PM DISMISSAL	3 14 ADAR PURIM NO SESSIONS	4 15 ADAR SHUSHAN PURIM	5 16 ADAR	6 17 ADAR 5:34	7 18 ADAR PARSHAT PARAH PARSHAT KI TISA
8 19 ADAR DAYLIGHT SAVINGS BEGINS	9 20 ADAR	10 21 ADAR	11 22 ADAR	12 23 ADAR	13 24 ADAR 6:42	14 25 ADAR PARSHAT HACHODESH PARSHAT VAYAKHEL- PEKUDEI
15 26 ADAR SAT	16 27 ADAR	17 28 ADAR	18 29 ADAR	19 1 NISAN ROSH CHODESH NISAN 5:49	20 2 NISAN 6:50	21 3 NISAN PARSHAT VAYIKRA
22 4 NISAN	23 5 NISAN	24 6 NISAN	25 7 NISAN	26 8 NISAN	27 9 NISAN 6:57	28 10 NISAN SHABBAT HAGADOL PARSHAT TZAV
29 11 NISAN	30 12 NISAN PESACH BREAK NO SESSIONS	31 13 NISAN PESACH BREAK NO SESSIONS				



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APRIL 2026

NISAN/ IYAR 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 14 NISAN EREV PESACH NO SESSIONS 7:02	2 15 NISAN OMER DAY 1 PESACH NO SESSIONS 8:03	3 16 NISAN OMER DAY 2 PESACH NO SESSIONS 7:05	4 17 NISAN OMER DAY 3 CHOL HAMOED
5 18 NISAN OMER DAY 4 CHOL HAMOED	6 19 NISAN OMER DAY 5 CHOL HAMOED NO SESSIONS	7 20 NISAN OMER DAY 6 CHOL HAMOED NO SESSIONS 7:09	8 21 NISAN OMER DAY 7 PESACH NO SESSIONS	9 22 NISAN OMER DAY 8 PESACH NO SESSIONS	10 23 NISAN OMER DAY 9 PESACH BREAK NO SESSIONS 7:12	11 24 NISAN OMER DAY 10 PARSHAT SHMINI
12 25 NISAN OMER DAY 11 ACT	13 26 NISAN OMER DAY 12 SESSIONS RESUME	14 27 NISAN OMER DAY 13 YOM HA'SHOAH	15 28 NISAN OMER DAY 14	16 29 NISAN OMER DAY 14	17 30 NISAN ROSH CHODESH IYAR OMER DAY 16 7:19	18 1 IYAR ROSH CHODESH IYAR OMER DAY 17 PARSHAT TAZRIA-METZORA
19 2 IYAR OMER DAY 18	20 3 IYAR OMER DAY 19	21 4 IYAR OMER DAY 20 YOM HAZIKARON	22 5 IYAR OMER DAY 21 YOM HA'ATZMAUT	23 6 IYAR OMER DAY 22	24 7 IYAR OMER DAY 23 7:27	25 8 IYAR OMER DAY 24 PARSHAT ACHREI MOT-KEDOSHIM
26 9 IYAR OMER DAY 25	27 10 IYAR OMER DAY 26	28 11 IYAR OMER DAY 27	29 12 IYAR OMER DAY 28	30 13 IYAR OMER DAY 29	PLEASE NOTE THE SEFIRA COUNT INDICATED ON EACH DAY IS TO BE COUNTED THAT EVENING AFTER DARK.	

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MAY 2026

IYAR/SIVAN 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				PLEASE NOTE THE SEFIRA COUNT INDICATED ON EACH DAY IS TO BE COUNTED THAT EVENING AFTER DARK.	1 14 IYAR OMER DAY 30 7:35	2 15 IYAR OMER DAY 31 PARSHAT EMOR
3 16 IYAR OMER DAY 32 SAT	4 17 IYAR OMER DAY 33	5 18 IYAR OMER DAY 34 LAG BA'OMER	6 19 IYAR OMER DAY 35	7 20 IYAR OMER DAY 36	8 21 IYAR OMER DAY 37 7:43	9 22 IYAR OMER DAY 38 PARSHAT BEHAR-BECHUKOTAI
10 23 IYAR OMER DAY 39 MOTHER'S DAY	11 24 IYAR OMER DAY 40	12 25 IYAR OMER DAY 41	13 26 IYAR OMER DAY 42	14 27 IYAR OMER DAY 43	15 28 IYAR OMER DAY 44 YOM YERUSHALAYIM 7:50	16 29 IYAR OMER DAY 45 PARSHAT BAMIDBAR
17 1 SIVAN ROSH CHODESH SIVAN OMER DAY 46	18 2 SIVAN OMER DAY 47	19 3 SIVAN OMER DAY 48	20 4 SIVAN OMER DAY 49	21 5 SIVAN EREV SHAVUOT NO SESSIONS 7:54	22 6 SIVAN SHAVUOT NO SESSIONS 7:55	23 7 SIVAN SHAVUOT
24 8 SIVAN	25 9 SIVAN MEMORIAL DAY NO SESSIONS	26 10 SIVAN SESSIONS RESUME	27 11 SIVAN	28 12 SIVAN	29 13 SIVAN 8:02	30 14 SIVAN PARSHAT NASSO
31 15 SIVAN						

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JUNE 2026

SIVAN/TAMMUZ 5786

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	1 16 SIVAN	2 17 SIVAN	3 18 SIVAN GRADUATION	4 19 SIVAN LAST DAY OF CLASSES	5 20 SIVAN STUDY DAY 8:06	6 21 SIVAN PARSHAT BEHAALOTCHA
7 22 SIVAN	8 23 SIVAN FINAL EXAMS	9 24 SIVAN FINAL EXAMS	10 25 SIVAN STUDY DAY	11 26 SIVAN FINAL EXAMS	12 27 SIVAN FINAL EXAMS 8:10	13 28 SIVAN PARSHAT SHLACH
14 29 SIVAN ACT	15 30 SIVAN ROSH CHODESH TAMMUZ	16 1 TAMMUZ ROSH CHODESH TAMMUZ VIEW AND REVIEW	17 2 TAMMUZ HAVE A GOOD SUMMER!	18 3 TAMMUZ	19 4 TAMMUZ 8:13	20 5 TAMMUZ PARSHAT KORACH
21 6 TAMMUZ FATHERS' DAY	22 7 TAMMUZ	23 8 TAMMUZ	24 9 TAMMUZ	25 10 TAMMUZ	26 11 TAMMUZ 8:13	27 12 TAMMUZ PARSHAT CHUKAT - BALAK
28 13 TAMMUZ	29 14 TAMMUZ	30 15 TAMMUZ				

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JULY 2026

TAMMUZ/AV 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>מעִיִּנוֹת A'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>			1 16 TAMMUZ	2 17 TAMMUZ FAST OF TAMMUZ	3 18 TAMMUZ 8:13	4 19 TAMMUZ INDEPENDENCE DAY PARSHAT PINCHAS
5 20 TAMMUZ	6 21 TAMMUZ	7 22 TAMMUZ	8 23 TAMMUZ	9 24 TAMMUZ	10 25 TAMMUZ	11 26 TAMMUZ PARSHAT MATOT-MASEI 8:11
12 27 TAMMUZ ACT	13 28 TAMMUZ	14 29 TAMMUZ	15 1 AV	16 2 AV	17 3 AV 8:07	18 4 AV SHABBAT CHAZON PARSHAT DEVARIM
19 5 AV	20 6 AV	21 7 AV	22 8 AV EREV TISH'A B'AV	23 9 AV TISH'A B'AV	24 10 AV 8:01	25 11 AV SHABBAT NACHAMU PARSHAT VAETCHANAN
26 12 AV	27 13 AV	28 14 AV	29 15 AV	30 16 AV	31 17 AV 7:54	



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AUGUST 2026

AV/ELUL 5786

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 18 AV PARSHAT EIKEV
2 19 AV TISH'A B'AV	3 20 AV	4 21 AV	5 22 AV	6 23 AV	7 24 AV	8 25 AV PARSHAT RE'EH 7:46
9 26 AV	10 27 AV	11 28 AV	12 29 AV	13 30 AV ROSH CHODESH ELUL	14 1 ELUL ROSH CHODESH ELUL	15 2 ELUL PARSHAT SHOFTIM 7:37
16 3 ELUL	17 4 ELUL	18 5 ELUL	19 6 ELUL	20 7 ELUL	21 8 ELUL	22 9 ELUL PARSHAT KI TEITZEI 7:27
23 10 ELUL	24 11 ELUL	25 12 ELUL	26 13 ELUL	27 14 ELUL	28 15 ELUL	29 16 ELUL
30 17 ELUL	31 18 ELUL				7:16	PARSHAT KI TAVO

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SEPTEMBER 2026

ELUL 5786/TISHREI 5787

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 19 ELUL	2 20 ELUL	3 21 ELUL	4 22 ELUL	5 23 ELUL LEIL SELICHOT PARSHAT NITZAVIM - VAYEILECH 7:05
6 24 ELUL	7 25 ELUL LABOR DAY	8 26 ELUL	9 27 ELUL	10 28 ELUL	11 29 ELUL EREV ROSH HASHANA 6:53	12 1 TISHREI ROSH HASHANA 7:51
13 2 TISHREI ROSH HASHANA	14 3 TISHREI TZOM GEDALIAH	15 4 TISHREI	16 5 TISHREI	17 6 TISHREI	18 7 TISHREI 6:41	19 8 TISHREI LEIL SELICHOT PARSHAT HA'AZINU
20 9 TISHREI EREV YOM KIPPUR	21 10 TISHREI YOM KIPPUR	22 11 TISHREI	23 12 TISHREI	24 13 TISHREI	25 14 TISHREI EREV SUKKOT 6:30	26 15 TISHREI SUKKOT 7:27
27 16 TISHREI SUKKOT	28 17 TISHREI CHOL HAMOED	29 18 TISHREI CHOL HAMOED	30 19 TISHREI CHOL HAMOED			

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DAILY TIME SCHEDULE 2025-2026

	MONDAY (FLEX)	TUESDAY (FLEX)	WEDNESDAY (FLEX)	THURSDAY (MISHMAR)	FRIDAY	M-W FLEX+ (Floating FLEX)	THURSDAY FLEX+ (Mishmar-) (Floating FLEX)	M-W ROSH CHODESH (FLEX)	THURSDAY ROSH CHODESH (Mishmar)	Fast Day	
TEFILLAH	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:50	8:00-8:50	TEFILLAH & SELICHOT	8:00-8:40
BREAKFAST										BREAK	
1	8:45-9:23	8:45-9:23	8:45-9:23	8:45-9:22	8:55-9:32	8:45-9:20	8:45-9:17	9:11-9:47	9:05-9:40	1	8:50-9:26
2	9:26-10:04	9:26-10:04	9:26-10:04	9:25-10:02	9:35-10:12	9:23-9:58	9:20-9:52	9:49-10:25	9:43-10:18	2	9:29-10:05
3	10:07-10:45	10:07-10:45	10:07-10:45	10:05-10:42	10:15-10:52	10:01-10:36	9:55-10:27	10:28-11:04	10:21-10:56	3	10:08-10:44
BREAK/ FLEX	10:45-11:10	10:45-11:10	10:45-11:10	10:42-10:47	10:52-11:00	10:36-10:40 10:40-11:30*	10:27-10:30 10:30-11:25*	11:04-11:24	10:56-11:01	BREAK	10:44-10:50
4	11:13-11:51	11:13-11:51	11:13-11:51	10:50-11:27	11:03-11:40	11:35-12:10	11:30-12:02	11:27-12:03	11:04-11:39	PROGRAM	10:55-11:40
5	11:54-12:32	11:54-12:32	11:54-12:32	11:30-12:07	11:43-12:20	12:13-12:48	12:05-12:37	12:06-12:42	11:41-12:16	BREAK	11:40-11:45
Lunch APs: 12:35-1:10	12:35-1:25	12:35-1:25	12:35-1:25	12:10-1:00	12:23-1:00 (pd. 6)	12:50-1:40	12:40-1:30	12:45-1:35	12:20-1:10	4	11:45-12:21
6	1:28-2:06	1:28-2:06	1:28-2:06	1:02-1:39		1:44-2:19	1:34-2:06	1:39-2:15	1:14-1:49	5	12:24-1:00
7	2:09-2:47	2:09-2:47	2:09-2:47	1:42-2:19		2:22-2:57	2:09-2:41	2:18-2:54	1:52-2:27	We're making every minute count!	
MINCHA	2:47-2:52	2:47-2:52	2:47-2:52	2:19-2:24		2:57-3:02	2:41-2:46	2:54-2:59	2:27-2:32		
BREAK	2:52-2:57	2:52-2:57	2:52-2:57	2:24-2:29		3:02-3:07	2:46-2:51	2:59-3:04	2:32-2:37		
8	3:00-3:38	3:00-3:38	3:00-3:38	2:31-3:08		3:09-3:44	2:53-3:25	3:06-3:42	2:39-3:14		
9	3:41-4:19	3:41-4:19	3:41-4:19	3:11-3:48		3:47-4:22	3:28-4:00	3:45-4:21	3:17-3:52		
10	4:22-5:00	4:22-5:00	4:22-5:00	3:51-4:28		4:25-5:00	4:03-4:35	4:24-5:00	3:55-4:30		
				4:28-4:34 (Break)		* Placement of FLEX+ throughout the day subject to change	4:35-4:40 (Break)		4:30-4:37 (Break)		
MISHMAR				4:38-5:15			4:43-5:15		4:40-5:15		



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