

The Stream

Bringing news to the
Volume 6



online community
issue 14

Dear Parents and Students:

-From Mrs. Kahan

This week, I had the pleasure of visiting an eleventh grade *Tanakh* class in which students were giving oral presentations about topics in *Parshat Korach*. The presentations were thoughtful and substantive, representing the students' ability to process and analyze ideas on their own and to identify new paths that they would like to continue to explore. As we conclude a successful semester of learning, I look forward to several educational programs that are planned for next semester, which were generated through discussions with students and which, *b'ezrat Hashem*, will further encourage our students' active engagement in learning.

In March, we look forward to welcoming Rabbi Dr. Mordechai Cohen, Professor of Bible and Associate Dean at Bernard Revel Graduate School of Yeshiva University, who will speak to some of the eleventh and twelfth grade *Tanakh* classes about the history of *parshanut*. This program was initiated when Mrs. Schiowitz's eleventh grade *Tanakh* class expressed interest in learning in greater depth about the history and environment of *parshanim* and the ways in which *parshanim* influenced each other. Mrs. Schiowitz invited Rabbi Dr. Cohen to speak to her students, feeling that these questions would be best addressed by a scholar with extensive background in this field.

In a similar vein, the Jewish Philosophy teachers have begun to plan two panel discussions for their classes, which will be structured around questions submitted by students. One of the discussions will be about Modern Orthodoxy and the other will be on Women and Leadership in Modern Orthodoxy. Each of the panels will feature a range of thoughtful speakers from our community, who represent various approaches to some of the issues involved. We believe that this structure will provide an enriching, meaningful forum to address our students' questions in a thorough and nuanced way.

At the beginning of second semester, Mrs. Appel and I will meet with each grade to discuss elective courses for the following school year. This is always a dynamic process, in which faculty members propose a range of possible courses and students are encouraged to suggest course topics as well. This year, there are courses being offered in each grade that were initially suggested by students, in addition to the many new courses that were created by our faculty in various disciplines. As a faculty, we have already begun to plan elective offerings for next year, and we look forward to continuing that process and integrating student suggestions when we return from January vacation. The opportunity to propose and select elective courses is an important way that our students contribute to shaping their educational paths at Ma'ayanot.

As we head into midterms and conclude a successful semester, I look forward to the new and evolving learning, programs, and ideas that next semester will bring. As always, I welcome your thoughts and suggestions.

Shabbat Shalom,

A handwritten signature in black ink that reads "Rivka Kahan".

Mrs. Rivka Kahan

"A Bean Can Start an Adventure..."



above, from left to right, are Devorah Giller, Hedva Weissler, Rabbi Prince, Shaindee Aron, Talia Weiss, Maggie Klein, Gabrielle Zarour, Elise Rosenthal and Aviva Kahn at rear are Suri Kiss and Devora Millen

As reported in the Chanukah edition of the "Stream," one holiday tradition at Ma'ayanot is the faculty "goods and services auction." For this G. O. fundraiser, teachers offer, for example, a *Shabbat* meal for a certain number of students, a trip to "Lazy Bean," a cholent-making lesson, and more.



above, students prepare the necessary ingredients under Rabbi Prince's watchful eye



Cholent making? This was offered by Rabbi Zev Prince of our *Talmud* and *Halakha* faculties, and the topic was intriguing enough for Rabbi Prince's own eleventh grade *Talmud* class to buy raffles for, and happily win, this prize.

Rabbi Prince with barley and beans-he is also asking for one of our signature musical challenge rounds: From which contemporary staple of the American musical theater repertoire comes the words "a bean can start an adventure?"

On Tuesday morning, January 3, Rabbi Prince "delivered the goods." First, he "delivered intellectually," with a thought-provoking presentation, asking such questions as "Is it custom or law for us to eat a hot meal on *Shabbat* afternoon?" and "What makes *cholent* a good choice for that meal?" By good choice, Rabbi Prince did not mean choice based on taste preference alone, but also a choice based on *halakhic* constraints. Rabbi Prince then turned the discussion to an analysis of the general *halakhic* issues involved in preparing a hot meal for *Shabbat* lunch, and the specific issues involved in preparing cholent. Then, it was time to take out the crock pot and put Rabbi Prince's renowned cholent recipe into action. Rabbi Prince has graciously agreed to share his "secret" recipe with readers of the "Stream."

RABBI PRINCE'S SPECIAL CHOLENT RECIPE

Ingredients:

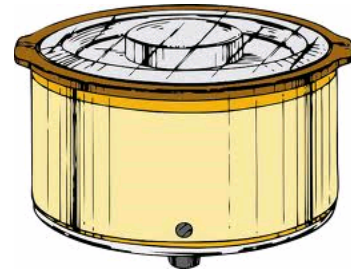
- Barley (depending on the number of people, anywhere from 1/2-1 whole bag)
- Mixed cholent beans (depending on the number of people, anywhere from 1/2-1 whole bag)
- 2 medium potatoes
- 1 large onion
- garlic powder
- onion powder
- paprika

(Continued on page 3)

"A Bean Can Start a (Cholent) Adventure" (continued)

(Continued from page 2)

pepper to taste
salt
oil
water
1 package of flanken meat
1 package of marrow bones



What to do:

- Sort through beans and barley and soak overnight; peel potatoes
- Cut onion, meat and potatoes into large pieces
- Coat the bottom of the crock pot with a generous amount of oil; throw in onions followed by meat on top
- Pour in beans and barley followed by more oil**
- Season with a generous amount of garlic powder, onion powder, paprika*, salt (when you think you've added enough salt, add MORE**); add pepper to taste
- Throw in potatoes and marrow bones
- Fill with water until the water just covers the potatoes
- Allow to cook on low overnight

Serve and enjoy!

* Cholent making is an imprecise science and therefore all measurements are approximate and should be done by feel, not by using measuring instruments.

**The key to really good cholent is plenty of salt and oil; this is neither a *halakhik* opinion nor necessarily sound medical advice.

Dr. Caroline Peyser Meets With Our Seniors

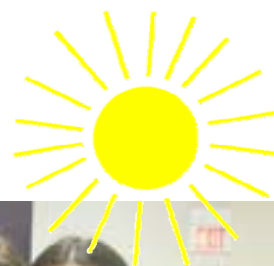
Mrs. Suzanne Cohen and Mrs. Leah Herzog, of our Israel Guidance Department, arranged for Dr. Caroline Peyser, a clinical psychologist and therapist as well as a former teacher at Midreshet Lindenbaum who lives and works in Israel, to meet with our seniors and interested parents on Wednesday morning, January 4. Dr. Peyser specializes in dealing with issues that may face students who are in Israel for the post high school year, among them adjustment problems and eating disorders.

Dr. Peyser stressed that, in order to have a successful experience in Israel, it is necessary to have realistic expectations. She asked students to consider their reasons for wanting to spend next year in Israel and to be honest about them, because, she said, "all my friends are going" is not a good reason. Dr. Peyser also pointed out that a seminary program, a university program, or a non-traditional program each differ in the nature of the experience they provide, and that it is important to recognize one's goals and expectations to choose wisely.

Dr. Caroline Peyser, at right



Watch Out For Those Rays!



"Coach" Eileen Schwartz made the dangers of too much exposure to the sun real to the students in her sophomore health classes this past week.

She had her students look at their faces in a box, called "Derma Scan," borrowed from the American Cancer Society and designed so that even small wrinkles and minor damage appear clearly defined in its mirror.

Even tenth graders were dismayed to see the beginning of wrinkles and sun damage, and were receptive to the discussion about protecting their skin which ensued. At right, **Avital Rosen** has her head in the light box, sophs (from left to right) **Ronit Bluman**, **Ally Margulies** and **Micayla Rosenbaum** each waits her turn, and, at rear, freshman **Leah Israel** looks on.



Sports Corner

Ma'ayanot's Junior Varsity Volleyball team trounced HAFTR in two straight home games, 21-11 and 21-18, on Wednesday evening, January 4. Starting setter **Alex Fuchs '15** led the team, serving 12 points in the first game. **Molly Levi '14** led the second game in serving points, making seven. This strong serving, combined with the amazing offensive playing by **Dakota Gotlib '14** and **Racheli Ferber '14** and the defensive plays made by **Leora Schiff '14**, brought our team to victory!



Varsity Basketball started off the new year well with an excellent win against SAR, 44-35. The Rapids came out strong and took the lead, which they were able to maintain by playing good defense and maintaining a patient defense. High scorers were **Rena Bierig '12** with 13 points and **Tzipora Leiser '13** with 11. Leading in rebounds was **Rachel Klar '14**. Come out and cheer on our teams!



MA'AYANOT
מעיינות

Yeshiva High School for Girls
invites you to join us for our annual

Day of Study
in the Liberal Arts and Sciences

Sunday, January 8, 2012 - 13 Tevet 5772

9:30 AM - 12:30 PM

Keynote Speaker: Professor Jeffrey Rubenstein
Skirball Professor of Talmudic and Rabbinic Literature
in the Department of Hebrew and Judaic Studies of New York University
"Literary Analysis of Rabbinic Stories"

Followed by sessions in advanced topics in the liberal arts
taught by members of our esteemed faculty, including:

Mrs. Tamar Appel

Rabbis at the Crossroads of Religion and Politics in Late Imperial Russia

Mrs. Enid Goldberg

Was Shakespeare an Anti-Semite? And If So, Why Do We Read His Works?

Mrs. Esther Herzfeld

"Look What They've {John Donne} to My SONG, Ma" - With Apologies to Melanie:
An Analysis of Two John Donne Poems

Mrs. Leah Herzog

"Chanoch Ha'Na'ar al pi Darko": How Psychological Theories of Development
Inform Education Practice

Ms. Samantha Kur

"What's in a name? That which we call a rose by any other name would smell as sweet":
The Importance of Names in Literature

Mrs. Shifra Schapiro

The Bible in American History and Politics

Ms. Devorah Wolf

Honesty, Trickery, and Morality: The Individual in
Megillat Rut and Jane Eyre

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Presents

An Evening for Parents

Teens & Spirituality

New Approaches for a New Generation

Sunday January 8th, 7:00 pm – 10:00 pm
Congregation Bnai Yeshurun, Teaneck, NJ

Featuring:



Rabbi Steven Burg
International Director NCSY



Rabbi Yaakov Glasser
Regional Director NJ NCSY



Rabbi Dr. Jonathan Rosenblatt
Senior Rabbi Riverdale Jewish Center



Rabbi Larry Rothwachs
*Senior Rabbi
Congregation Beth Aaron*



Lauren Roth, MSW, LSW
Marriage and Parenting Therapist



Rabbi Eliezer E. Rubin
*Principal, Raza Kushner Yeshiva
High School, Joseph Kushner
Hebrew Academy Middle School*



Mrs. CB Neugroschl
*Head of School
Yeshiva University High School
for Girls*



Rabbi Daniel Price
*Associate Dean,
The Rosenbaum Yeshiva of
North Jersey*

Schedule

6:45 pm – 7:00 pm: Registration & Refreshments

7:00 pm: Welcome by *Rabbi Steven Burg*

New Approaches for A New Generation
Rabbi Yaakov Glasser

7:40 pm – 9:20 pm: Choose two 40-minute practical workshops:

9:30 pm – 10:00 pm: A Communal Solution: How Our Homes, Schools, and Synagogues Can Inspire Our Youth
Rabbi Dr. Jonathan Rosenblatt

No charge. No RSVP required.
Refreshments provided.

Making Shabbat Meaningful to a 21st Century Teenager

What is Your Teenager Saying to G-d? Turning Our Teens On To Tefillah

The Calm Before the Storm? Infusing Spirituality Into The World of Elementary School Children

The 10 Questions That Teens Ask, The 10 Answers You Need to Know

Teenage Girls and Spirituality: Struggles and Solutions



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We wish everyone a safe and pleasant winter break.
Look for the next issue of the "Stream"
delivered to your inbox on Friday, February 3.

Support our Parent Council and recognize important occasions by purchasing
"Ma'ayanot Mitzvah Cards."
Call Mrs. Susan Levin at 201-928-4015
or contact her by email at susanklevin@gmail.com



Save the Date

January 8 (Sunday): Day of Study in the Liberal Arts and Sciences, 9:30 AM - 12:30 PM

January 9 - 18 (Monday-Wednesday): Midyear exams

January 19 - 29 (Thursday - Sunday): Midwinter recess

January 29 (Sunday): SAT I and II

January 30 (Monday): Classes resume

February 12 (Sunday): ACT

February 15 (Wednesday): Family Learning Night

February 20 (Monday): Presidents Day, no sessions

February 21 (Tuesday): Clerical Day-no sessions for students

February 24-25 (Friday-Saturday): Freshman *Shabbaton*

March 3 (Saturday): Ma'ayanot's Annual Scholarship Dinner



The Stream

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visit us on the web at www.maayanot.org

to learn more about our school and for back issues of this publication